Sportplex Group Fitness Schedule-MARCH 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 5:15-5:50 AM	3 4:30-5:15 PM *Open Gym 5:15-6:15 PM	4 5:15-5:50 AM	5 4:30-5:15 PM *Open Gym 5:15-6:15 PM	6	7
8	9 5:15-5:50 AM	10 5:15-6:15 PM	11 5:15-5:50 AM	12 5:15-6:15 PM	13	14
15	16 5:15-5:50 AM 5:45-6:30 PM	17	18	19	20	21
22	23 5:15-5:50 AM	24 5:15-6:15 PM	25	26 5:15-6:15 PM	27	28
29	30	31 5:15-6:15 PM				

Spring Break

Classes are Free to Attend

Type of Class: Total Body (Cardio, Strength, Stretch)

Classes Schedule is Subjected to Change, please join the **Sportplex Fitness Parks & Recreation Group** on Facebook for continuous updates